

the Tell Tale

Newsletter of the Midwest Collegiate Sailing Association

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April

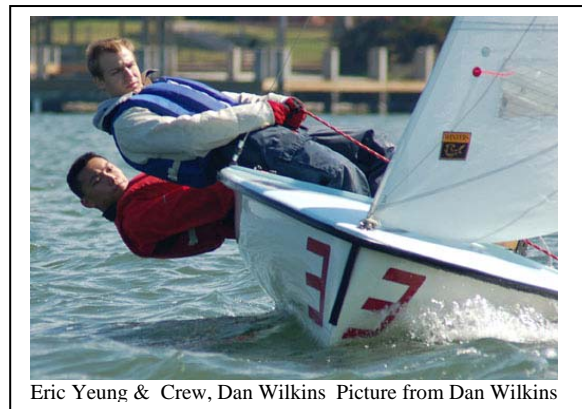
2006

Nelson Roltsch Texas A&M U. Galveston February 25-26, 2006

Saturday morning's conditions were 'pea soup' fog and no wind. After a brief postponement, sailors headed out, only to be fogged in again. By 11 am, the fog lifted sufficiently to begin racing with a 10-knot northerly. Two A-division races were completed before the breeze built excessively. After the race course was shifted to a more protected area, racing resumed.

On Sunday, we had 10-16 knots from the north under clear skies and 60-65 degrees. Boats: 420's. 10 Races were completed in each Division over the two days of racing. One protest was filed and heard.

	A	B	TOT
1. TAMUG Black	43	26	69
2. TAMUG White	49	23	72
3. TAMUG Maroon	38	45	83
4. TAMU 1	52	39	91
5. Purdue	54	53	107
6. TAMUG Pink	25	88	113
7. UT	72	42	114
8. TAMUG Amber	38	94	132
9. TAMU 2	88	71	159
10. UMBC	93	72	165



A Division: **6. Purdue: 54 Carlos Abisambra 06 / Phil Bowers 08**
B Division: **6. Purdue 53 Eric Yeung 08 / Dan Wilkins 08**

Team Racing is Exciting

David Altshuler

There's no time like spring. For us, that means the promise of warmer regattas and some very exciting sailing. It is also the season of team race sailing. Team racing is especially outstanding in terms of the mental challenge that it presents. It is unparalleled in terms of tactical intensity and it draws out the most tenacious sailing. It requires an excellent knowledge of the rules, quick thinking, great boat handling, and of course, teamwork. To be successful in team racing, sailors have to be at the top of their game.

This time of year, it is important to focus on team racing on the water at practice and off the water as well. While practices centered on team racing are not quite the same as fleet race drills, they will help develop the

skills necessary for both types of racing. Particularly when it comes to the rules, a team that is proficient in team racing will be much more effective as individuals in a fleet race. Team racing has a mental element which forces competitors to make conscious tactical decisions. When a team in team race fails tactically, the outcome is apparent. This translates into more accurate decisions when it comes to fleet racing. It is also important to discuss team race tactics off the water. I'd like to recommend team "chalk talks" led by a team's proficient team racer. This way, practice time is saved and everyone knows what they're doing when they get out on the water.

I recently attended the Aaron Szambecki Team Race Regatta in Norfolk, VA. It was a great time and my entire team learned a lot about team racing. Statistically, we didn't fare very well, however, we were competitive in all of our races. This can be attributed largely to the senior leadership on our team. We have taken time to focus on team racing this spring and it has paid off.

I am looking forward to a great regatta at the Big Ten Team Race right here at the University of Michigan. I'm excited to see everyone on and off the water. Please, please, please contact me with any comments, questions, or concerns. 313.407.0307 or dba@umich.edu

Old South University of Florida February 25-26, 2005

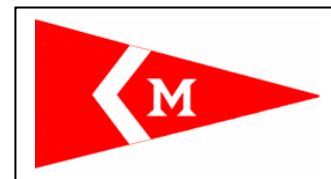
Saturday: Great weather, unlike what was forecast, allowed us to complete 8 races in A and B division. All 420 races were C5 Gold Cups. Thanks to all the teams that arrived at the sailing sight early, we were able to get started quickly. The first few hours were sailed in an 8-10 knot oscillating breeze with puffs of 12 knots. Two races were sailed in a light 5-6 knot wind before the wind shut off at about 2pm and filled in at about 3:30 out of the SSW at 12 knots. This stayed with us for the remainder of the day. We had 7 lasers on the course today in our unofficial "C" division.. In all we had over 75 people at the regatta.

Sunday: We were welcomed to Lake Wauburg with nice breeze out of the NNW. Typical shifts and large puffs made racing very competitive. Keeping in mind that some teams had an 18 hour drive back home, only four races in A and B divisions were sailed and 7 in C division. Two protest were heard with no changes to the final results. Boats: 420.

Drew Plominski 08 sailed for Miami in C Division.

School	A	B	Tot	School	A	B	Tot
1. U. S. Alabama	23	32	55	6. Miami(Ohio)	76	83	159
2. C of Charleston	31	35	66	7. Florida A U.	92	88	180
3. U. Florida	58	31	89	8. Rollins	77	104	181
4. Eckerd Coll.	49	41	90	9. N. Carolina State U.	107	94	201
5. U.S. Florida	50	43	93	10. Miami/ UF JV	107	117	224

Division A	TOT	
6. Miami/OH	76	Jocelyn Pollack 07 / Anne Simiele 06
Division B		
6. Miami/OH	83	Spencer Simms 09/ Katrina Barnes 09



Goals

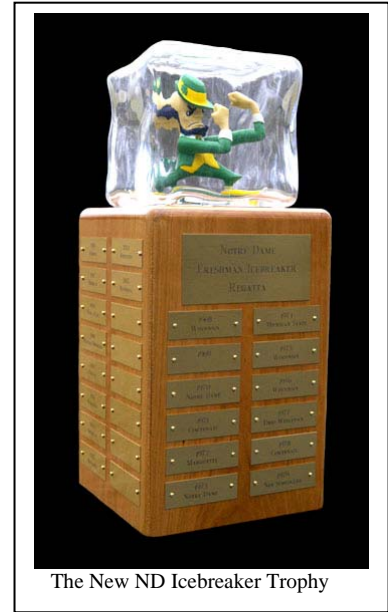
Spring Sailing is here! For most sailors there are 8 or less weeks of school and those weeks will fly by. It's important to be organized and prepared in order for your team to accomplish their goals this season.

At Midwinters, we talked about S.M.A.R.T. goals. Below is a review of what S.M.A.R.T. means.

- ▶ Specific
 - What are you trying to accomplish, exactly?
- ▶ Measurable
 - How will you know when you have succeeded?
- ▶ Attainable
 - What tacks will you take?
- ▶ Realistic
 - Know your limits
- ▶ Timely
 - How much time are you willing to commit?
 - ▶ Short-term? Long-term?

Now a few questions to consider with your team:

- What were the goals we set?
- In what ways is our team working to accomplish those goals?
- Are our goals S.M.A.R.T.?
- Have our goals changed in any way?
- Are we giving new team members opportunities to get involved?
- Are we sharing with other teams and using them as a resource?
- Are we having fun???????



The New ND Icebreaker Trophy

Have a fun and successful sailing season. **Jenn Hockema** jkhockema@gmail.com

Eckerd College Intersectional Eckerd College March 5-6, 2006

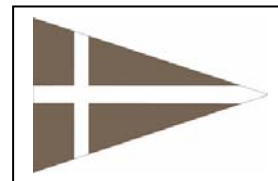
Saturday: Sailors were greeted by warm temperatures and a N-NW wind at 5-12 for the morning races, which gradually died and shifted to the W at a steady 10-15 with some higher breezes at times. 10 Races in A Division and 8 Races in B Division were sailed on Gold Cup and Windward/Leeward courses. B Div will start the day on Sunday. No protests were filed and no breakdowns. Thanks to our judges, Tom and Barabra Farquar, and Ann Newton for being on hand to watch some great racing.

Sunday: 2 A Races and 4 B Races were completed for a full rotation in a Northerly that started at 12 knots, but quickly died by noontime. Courses were W/L (2x). No protests or breakdowns. Boats: 420

	A	B	TOT		A	B	TOT
1. Eckerd	38	27	65	7. U. Miami/FL	76	102	178
2. S. Alabama	29	40	69	8. U. Florida	93	90	183
3. Boston University	45	31	76	9. Miami/Ohio	85	106	191
4. Texas	63	43	106	10. Notre Dame	125	84	209
5. Tritons	73	61	134	11. Ohio University	104	133	237
6. USF	81	82	163	12. Hamilton	124	137	261

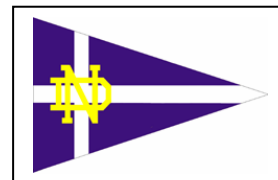
A Division

8. Miami/Ohio 85 Jocelyn Pollak 07 / Anne Simiele 06
10. Ohio University 104 Jordan Gourash 09 / RYANNE GALLAGHER 09
12. Notre Dame 125 John Dailey 08 / Caroline Nally 08



B Division

7. Notre Dame 84 Chris May 08, Tim Roy 08 / Amy Becker 07,
Kathryn Hoodecheck 06
10. Miami/Ohio 106 Doug Baker 08 / Dea Sundling 07, Abby Heckler
11. Ohio University 133 Andy Mulford 06 / Caroline Sundman 08, Kyle Gifford



Practice & Connections

Vice Commodore - Ben Miller-Todd

As lakes begin to thaw out, boats come out of storage, and regatta season begins, effective practice is probably the next obstacle that needs to be tackled. I know that practicing with a goal in mind is sometime a difficult task, especially when a perfect spring day pops up and all that comes to mind is sailing with no particular plan in mind. On the contrary, practicing with a set plan is exactly what everyone needs to go to the lake with. Working on roll tacks, mark roundings, starts, and tactics can be a tedious and not very exciting practice plan, but without practicing these skills, you cannot expect to greatly improve your standings at regattas.

I have found that practice is more exciting and effective if a set skill is worked on during the first half of practice while everyone is focused. During the second half of practice move on to whatever individual sailors need to work on with a race or two at the end for fun. This basic plan allows the skill for a practice to be based on the weather at the lake and it also allows some freedom for individual needs. This is a simple idea but it does not make an entire practice overly focused on a single skill. As a member of a team with a majority of members who are inexperienced sailors, I can understand the need for having fun on the water as well as practicing. If new sailors are not interested in sailing and they do not have fun at practices, the new members will leave and the team will have to start building all over again. The point is that you need a plan for practices to be effective, but every plan needs to be tailored to the needs of your team.

Another issue that always seems to be at the forefront of many of my club's meetings is the issue of membership. Our club is teetering on the edge of its undergrad to non-students ratio of 50%-50%. It is always a battle to gain new members and inform the campus as a whole about the team and club activities. I have heard from multiple people that different website databases like Facebook are great recruiting tools as well as open houses with barbeques and activities. I have come to the conclusion that no matter what works for a club/team, it must be fun and inviting as well as create a connection between the new and old members. Without a connection, the new members will not feel welcome and will find other clubs on campus to join.

Admiral Moore
New York Maritime
March 11-12, 2006

Saturday: Winds were light from the west at 5 knots. Courses were Gold Cups then switched to windward/leeward. Four races were completed in A-Division and three in B-Division before the wind shut off around 1pm.

Sunday: Winds were from the south at 0-5 knots. Two races in A-Division and three in B-Division were

sailed on windward/ leeward courses. Racing was exciting watching from the boathouse with very light wind and strong current. Zero barges interfered with racing. Thanks to Ted Ferrarone, Mary Von Conta, Russell Pearson, Dave Perry, and Fran Charles for hearing protests. Boats: 420

School	A	B	TOT	School	A	B	TOT
1. Tufts	23	29	52	10. Cornell	56	69	125
2. St. Mary's	32	27	59	11. Georgetown	67	59	126
3. U. S. Florida	26	35	61	12. Roger Williams	75	56	131
4. Hobart/WmSmith	22	53	75	13. Kings Point	73	59	132
5. NY Maritime	50	27	77	14. Privateers	68	67	135
6. Brown	36	48	84	15. Michigan	92	71	163
7. MIT	36	57	93	16. Washington Coll	70	95	165
8. Conn College	72	43	115	17. Princeton	74	94	168
9. Columbia	62	61	123	18. Webb	93	91	184

A Division **17. Michigan** **92** Dave Ellis 06 / Lisa Vandebossche 07

B Division **15. Michigan** **71** Curt Rozelle 09 / Caitlin Fortune 08

Truxtun Umsted Regatta US Naval Academy March 18-19, 2006

Two days of classic NW breezy conditions. Saturday 15-20 knots. Sunday 10-15 knots.

Thanks to Ronstan for their support of college sailing and the Rig Up With Ronstan social Saturday morning. To view the regatta, checkout video at: www.t2p.tv . Boats: 420/FJ/Laser/Radial

	A	B	C	D	TOT		A	B	C	D	TOT
1. Georgetown	60	146	196	136	538	11. Navy	270	214	223	86	793
2. Tufts	117	187	108	157	569	12. Eckerd	231	213	214	138	796
3. Hobart/Wm Smith	173	167	116	120	576	13. Dartmouth	153	216	208	226	803
4. Boston Coll.	142	156	119	172	589	14. Conn. Coll.	260	210	214	194	878
5. St. Marys	141	155	196	113	605	15. Brown	203	226	256	221	906
6. Kings Point	195	193	103	144	635	16. U. S. Florida	162	222	318	254	956
7. Harvard	169	138	133	261	701	17. Wash. Coll.	215	172	318	289	994
8. Yale	221	157	125	230	733	18. Washington	381	341	268	335	1325
9. Old Dominion U	193	204	204	146	747	19. Michigan	354	365	332	340	1391
10. Charleston	226	169	147	247	789	20. Florida	346	357	393	347	1443

A Division **TOT**

19. Michigan **354**

B Division

20. Michigan **365**

C Division

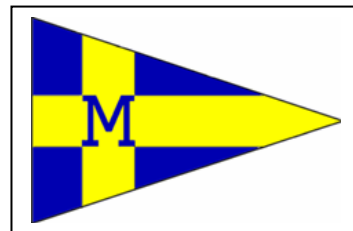
19. Michigan **332**

D Division

19. Michigan **340**

**Christina Falcone /
Meredith Chocran
Dave Ellis /
Lisa Vandebossche
Ben Seppala**

Alp Kordicali



Neal Johnson Memorial Regatta Purdue University March 25-26

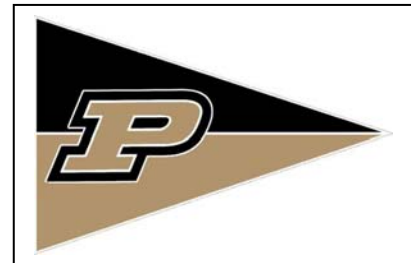
Saturday started off with cloudy sky and winds out of the west at 10-15. The weather changed to rain, then sleet, and followed with snow. As the afternoon came on the sun came out. Then it started to hail shortly afterward. The weather went from sunny to hail/rain/snow for the remainder of the afternoon. Eight races in both A and B divisions were completed.

Sunday started out with calms winds that built to about 5-10 by mid morning. Conditions were mildly shift. Four races in both A and B fleet were held, combined with Saturday's races came to a total of 12 races in both divisions. All courses were windward leewards. Only one boat filed for a breakdown after a major collision. No protests were filed.

School	A	B	Tot	School	A	B	Tot
1. Purdue 1	28	47	75	6. Illinois	74	55	129
2. Michigan State U	37	39	76	7. Purdue 2	69	71	140
3. Iowa StateU	59	45	104	8. Oakland	42	109	151
4. Wisconsin	78	32	110	9. Iowa	99	80	179
5. Wittenburg	53	58	111				

Division A

1. Purdue 1	28	Carlos Abisambra / Kevin Cotter
2. Michigan State U	37	Rob Linden / Michelle Cosier
3. Oakland	42	Lauren Sinclair / Katie Schultz
4. Wittenburg	53	Fred Bauer / Dave Weilbe
5. Iowa State U	59	Machean Potts / Dan Beardmore
6. Purdue 2	69	Eric Yeung / Matt Lewis
7. Illinois	74	Brian Shaw / Valerie Falco
8, Wisconsin	78	Mike Stephenson, Brian Schaldain / Matt Kively
9. Iowa	99	Matt Legg / Lindsey Schneider



Division B

1. Wisconsin	32	Kristin Paul / Lauren Valentor, Brian Schaldain
2. Michigan State U	39	Mills Forni / Steve Griffith
3. Iowa State U	45	Eric Roman / Bobby Roe
4. Purdue 1	47	Charles Rush / Jessica Torres
5. Illinois	55	Greg Zimmerman / Marilyn Logan
6. Wittenburg	58	Ben Weible / Chris Banas
7. Purdue 2	71	Peter Maloney , Robbie Cardoze /Matt High, Sean Kennedy, Blake Saunders
8. Iowa	80	Karl Friedrichsen / Jessica Zuerner
9. Oakland	109	Mark Scott, Jeff Van Howe / Jay Easterday,; Nick Cotter

www.mcsasail.org

Aaron Szambecki Team Race Regatta March 25-26, 2006 Old Dominion University

Saturday: Winds were oscillating between N and ENE today at 5-18 mph. 52 races were completed, with only one flight left to finish the 2nd round robin. The N course was used all day and the racing was umpired. All teams were on the water during the racing as we used 18 FJ's and 6 420's. Thank you to Dave Pyron and his team umpires-we had 6 umpire boats to preside over the racing. Dinner was provided by the Szambecki endowment for all competitor's and regatta mangagement volunteers and we thank them as well.

Sunday: Winds today were NW 12-20 mph. The second round robin was completed, followed by a single final four and consolation round. Thank you again to all the umpires, volunteers, and to Norfolk YCC, Hampton YC, and Dan Milligan for loaning us additional boats. Congratulations to Hobart William Smith College for winning the Szambecki Team Race Regatta. Boats: FJ

(Final Four)	Wins	Losses	Position	(Consolation)	Wins	Losses	Position	8th Place: Michigan
Hobart	14	3	1	Navy	7	10	5	David Ellis
St. Mary's	12	5	2	Tufts	6	11	6	Katie O'Brien
Georgetown	12	5	3	Old Dominion	5	12	7	Matt Vanderpool
Charleston	11	6	4	Michigan	1	16	8	Curt Rozelle
								Gabrielle Scherzer
								David Altshuler

Freshman Icebreaker Notre Dame March 25-26, 2006

Despite the classic Midwest regatta weather and St. Joe's lake wind shifts, the Freshman Icebreaker was a successful regatta. On Saturday, the morning began with cloudy sky and shifty winds mainly out of the northwest at 3-6 in the morning building slightly as the day went on. The weather as the day progressed included sleet, snow, hail, and rain, with a little bit of sun every now and then. Ten races in both A and B divisions were completed. Windward Leeward twice around and triangle windward leewards were sailed. Only one boat filed for a breakdown after a broken tiller extension. One protest was filed.

On Sunday the remaining 6 races were sailed completing the rotation. Winds on Sunday were very light and shifty with temperatures in the 30s. All courses were windward leeward twice around.

The new Notre Dame Freshman Icebreaker trophy was awarded to the Winning Team Michigan Maize.

	A	B	TOT		A	B	TOT
1. Michigan Maize	40	48	88	12. Iowa	137	135	272
2. Owens	32	61	93	13. Western Michigan	151	142	293
3. ND	79	34	113				
4. Wisconsin	74	53	127				
5. Bowling Green	43	99	142				
6. John Carroll	108	39	147				
7. Marquette	70	113	183				
8. Michigan Blue	88	105	193				
9. Miami	84	124	208				
10. MSU	145	103	248				
11. Purdue	130	127	257				

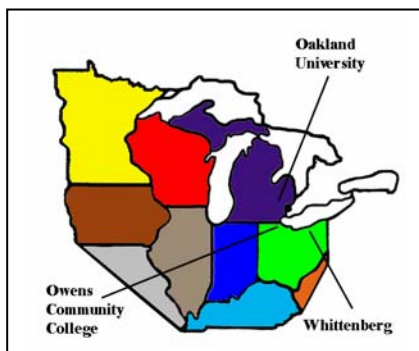


A Division	TOT	
1. Owens	32	Ryan Lashaway '09 / Sarah Trace '09
2. Michigan Maize	40	Scott Pfeffer '09 / Christine McAllister '08
3. Bowling Green	43	Thomas McRitchie '09 / Erin Harper '09
4. Marquette	70	Matt Zea '09 / Cheryl Perch '09
5. Wisconsin	74	Kevin Campbell '09 / Lauren Seno '09
6. Notre Dame	79	Paul Cordes '09 1-4,6-13, Patrica.Hughes '09 5 / Patricia Hughes '09 1-4,6-13 , Paul Cordes '09 5
7. Miami	84	Spencer Simms '09 / Avery Spaldin '08
8. Michigan Blue	88	Bruce Martin '09 / David Coviak '08 1,2,5,6,9,10, 13 Andrew O'Donald '08 3,4,7,8,11,12
9. John Carroll	108	Patrick Broome '09 / Bill Patton '09
10. Purdue	130	Paul Gundel '09 / Mark Bond '09 (ND)
11. Iowa	137	Ben Miller-Todd '09 / Jenna Burker '09
12. MSU	145	Emma Madison '09 / Jo Gonczar '09
13. Western Michigan	151	Andrew O'Donnell '09 / Matt Vogel '09

B Division	TOT	
1. Notre Dame	34	Jacqueline Chase '09 / Joseph Peris '09
2. John Carroll	39	Patrick Bloomstine '09 / Pete Hrtanek '08
3. Michigan Maize	48	Maria Falcone '09 / Mackenzie Farkell 10, Colin Holmes '08 7,8,11,12
4. Wisconsin	53	Bob Steller '09 / Jon Julkeouski '09 1,2,5,6,9,10, B. Rethsack 1,2,3,4,
5. Owens	61	Brian Bradley '09 / Ben Merca '08
6. Bowling Green	99	Ian Gilliland '07 / John Carter '08
7. MSU	103	Cat Lanting '09 / Audrey Burskey '09
8. Michigan Blue	105	Erik Humm '09 / Maynard Leon '09 1-6,9,10 Scott Wagner '09 7,8,11, 12, 13
9. Marquette	113	Ross Clark '09 / Melissa Smith '09
10. Miami	124	Steve Hellba '09 / Katrina Barnes '09
11. Purdue	127	Daniel Wilkins '08 / Jon Burman '09
12. Iowa	135	Amy Rohlfig '09 / Casey Judge '09, Claire Thoele '07
13. Western Michigan	142	A. Marcinkowsic 1-4 9, G. McKinney '07 6-9, 10,13, Brian Wald 1,2,5,6,10,13

The MCSA Welcomes Three New Members

The MCSA has three new schools sailing this Spring. Oakland University in Rochester, Michigan, Whittenberg College in Lakewood, Ohio, and Owens Community College in Toledo, Ohio.



In their first outing at the Notre Dame Freshman Regatta **Owens** was very impressive taking a second place over-all.

Whittenberg also showed that they were ready to sail finishing 5th at Purdue's Neil Johnson Memorial Regatta.

Oakland University's A Division was third in the Neil Johnson Memorial Regatta, a good start for this new school.