

the Tell Tale

Newsletter of the Midwest Collegiate Sailing Association

Volume 60, Number 1

March

2006

Jenn Hockema Elected Graduate Secretary

Greetings Sailors! I would like to thank you for electing me as your new Graduate Secretary. Allow me to introduce myself, I hail from Lafayette, Indiana and am a graduate of Purdue University with a degree in Youth, Adult, and Family Services. I plan on pursuing a Master of Public Affairs in Non-profit Management at IUPUI in the fall of 2007.



I am very excited to spend the next 3 years serving the District. There are many goals I have in mind for the District to accomplish. I also hope to generate many opportunities for teams to develop resources and accomplish their goals.

I would like to continue developing graduate committees such as the Long Range Planning Committee and the Competition Development Committee. The focus of the Long Range Planning Committee is to develop continuity through an alumni base so that we can continue to develop as a student organization instead of reinventing the wheel every year. The Competition Development Committee is an exciting committee that is focused on developing resources that help sailors build skills and learn more about sailing.

If you are an alumnus or are graduating within the year and would like to be a part of either of these committees please contact me.

I encourage everyone to think about the goals they set at our Midwinter meeting, and start implementing their ideas in the upcoming season. I look forward to working with all of the teams and meeting many new faces. Please contact me with any ideas, feedback, or if you would like to be a part of a Graduate Committee.

Jenn Hockema
Graduate Secretary
jhockema@purdue.edu

Commodore: Jocelyn Pollak

My name is Jocelyn Pollak and I am the new Commodore of the MCSA. I am a Junior at Miami of Ohio and I am majoring in International Studies and Anthropology with a minor in French. Home for me is Wilton, Connecticut and I grew up sailing at Cedar Point Yacht Club. My dad is an avid sailor and also sailed in college so at the age of seven I was put into an Opti in the Cedar PointYC Junior Program. When I got older I started sailing boats called Blue



Jays; similar to a miniature Lightning. When I was 14 my sister and I moved into a 420. I have also crewed on a Thistle almost every weekend of the summer since I was 15. Whenever I can find a ride, I crew on big boats.

In high school, I started a team which grew from 4 to almost 30 members by my senior year. I had a friend that sailed for Miami so as soon as I got to school I sought out the sailing team. I raced with the team almost every weekend and had a great time. By second semester of my freshman year I was elected Vice Commodore, and by my sophomore year, I became Team Captain. I have met some of my best friends on the Miami team and had an opportunity to travel and sail all over the country.

I am really looking forward to promoting the MCSA and I hope everyone is excited for a great spring season!

Vice Commodore: Ben Miller-Todd



As I was reading through the previous Tell Tales to give myself an idea of what to write, I noticed that almost everyone that has been an officer for the MCSA has basically grown up on the water. My experience on the water, however, is much more limited. I have lived in Iowa my entire life and have never seriously considered sailing as a competitive sport until I started college at the University of Iowa. Before enrolling in the University of Iowa, I learned to sail on a tiny lake in south central Iowa. I worked at a camp during the summer and when I was 13 years old, I was taught how to sail. I immediately became hooked to the rush of heavy weather sailing because I love to hike and I love the physical demand of a heavy weather day. The last few summers I have worked as a waterfront guard at this camp and have had the opportunity to teach kids and staff to sail. I discovered that one of the best ways to learn how to sail is by teaching others. By teaching, I was forced to think through the reasons why I was doing certain things and it caused me to grow as a sailor. Side note – if anyone ever has the opportunity to teach sailing, TAKE IT!

Currently, I am learning to race for the University of Iowa which is something that I never thought that I would be doing. I had the stereotypical mindset that there was no place in this corn-filled state of Iowa to be able to race, and that in the few places that there were big enough “lakes” (large ponds), nobody would be interested. I was dead wrong! The club at the University of Iowa is enthusiastic and energized. I quickly realized that even though we did not live on one of the Great Lakes or by the ocean, we could still have a passion to race and to introduce more people on campus to intercollegiate sailing.

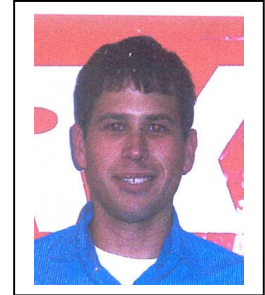
I am an open major freshman student with an emphasis on pre-med. I am enrolled in a paramedic specialist class at Iowa and plan on working as a part-time paramedic next fall while taking classes. My goal is to become a trauma surgeon for an emergency room when I finally finish school. I lived in Des Moines the first 18 years of my life, and I currently live in Iowa City. Hobbies include anything that involves water (ice included), and I also like to watch movies when I cannot do something water or ice related. After becoming involved with the Iowa Sailing Team, I realized how much potential there is for sailing in the Midwest. If Iowa can find a lake and form a team for sailing, so can any school that has a sailor who is interested in starting a team. As Vice Commodore, I would like to find those sailors out there that just need some help starting a team and give them the aid that they need, while maintaining and encouraging the current members of the MCSA. I will be emailing/calling every team and I cannot wait for the spring season to start!

Ben Miller-Todd, Vice Commodore, University of Iowa

Robert Linden: Race Chairman

I am a senior at Michigan State University where I am studying labor and industrial relations. I plan to graduate in the fall and pursue a career in business or continue being a bum of some sort either sailing or diving. I am originally from Toledo, Ohio and learned to sail on Lake Erie. Soon after that I learned to race and it has been my main focus ever since. I race dinghies (420s, FJs, Thistles), in addition to big boats, and DN ice boats back home. I have been involved with the MSU sailing team for three years and have served as vice commodore, and commodore. While I was not able to go to Midwinters due to our teams involvement at the Strictly Sail boat show, I heard it was a great event and a lot of positive progress was made. When I heard that the Race Chair position was not filled I decided to pursue the office in order to give something back to the MCSA. I am looking forward to a great season and I hope everyone else is too. Please feel free to contact me and ask any questions. Thank you

Robert Linden
419.410.1888
lindenro@msu.edu



Caroline Sundman: Publicity Secretary

After my first sailing experience at just 7 weeks old, strapped to the chart table of "Glory Days" with a few bungee cords, I have grown to love the sport of sailing. Since then, I have competed for the past 12 years in everything from optimists to Farr 40s and I grew up sailing out of the many yacht clubs throughout Cleveland, Ohio. My parents are MCSA alumni and therefore I couldn't help myself from getting involved.

For those of you who I have yet to meet, my name is Caroline Sundman and I am currently a Sophomore at Ohio University where I am majoring in Retail Merchandising with minors in Business and Art. I will be juggling the job of both Commodore of our sailing team as well as Publicity Secretary of the MCSA, but I am more than ready to take on these positions.

My main priority is recognition and promotion of our district. I plan to accomplish these goals primarily through our booth at Strictly Sail, which I also plan on expanding this year, and by promoting competitive sailing within our district, mainly among prospective high schoolers interested in collegiate sailing. I would also like to continue to gain recognition among other sailing organizations and yacht clubs as well as further potential sponsors.



Feel free to contact me with any ideas or suggestions at care799@aol.com or 440.669.6557. See you in the spring!

Cheers and Smooth Sailing!
Caroline

David Altschuler: Special Interests Coordinator

Hi everyone. I'm David Altschuler, the new Special Interests Representative. I'm a freshman at the University of Michigan, very much undecided on a major. My hometown is Grosse Pointe Farms, Michigan where I grew up sailing on Lake St. Clair. I've been a dinghy sailor all of my life with not much big boat experience. I'm very excited to continue my career in college.

I'm also looking forward to my new responsibilities on the Board. I have had experience with organizing and planning specific events focused on fundraising, athletics, and charity contributions. I think this will translate well into my new role on the board. I am learning more about our great district every day. As a freshman, I think that it is important for me not only to fulfill the responsibilities of my office as best I can, but to also become part of a strong foundation for the future of the MCSA.



I think that we have the makings of a terrific year, both on and off the water. One of the most important elements of the MCSA's success is to maintain strong communication between everyone in the district. From what I've seen, we have a lot of enthusiastic and intelligent people that have terrific ideas for the upcoming season. Communication is the best way to utilize our talents. I am excited to hear from anyone and everyone who has ideas specifically for me and for the entire district as well. Here's to a great year!

Mark Dunsworth: Equipment Information Coordinator



Hello MCSA, I'm Mark Dunsworth your new Equipment Information Coordinator. I'm in my fourth of five years at the University of Minnesota, and I've had the pleasure of sailing in the MCSA every year I've been in school. Sailing with the Minnesota team I've also had the privilege of representing the MCSA at a number of championships and out of district regattas, and I look forward to the upcoming regattas this spring and next fall. During the summer I race Lasers and MC, E and A Scows on White Bear Lake, Minnesota. I also coach 420s and Lasers at the Wayzata Yacht Club with our team's head coach Cappy Capper. During the school year I work for Red Bull energy drink, Helly Hansen, and the Gopher Women's Hockey Team. I am looking forward to serving on the MCSA board, and I hope I can use my knowledge and resources to help increase the number of fleets within our district. I believe that if we build up the competitiveness of the smaller teams, our district will benefit as a whole. Please feel free to contact me with questions about anything. I'm always willing to chat.

Kelly J. Nichols: Intersectional Coordinator

Greetings MCSA!

My name is Kelly Nichols and I am your new Intersectional Coordinator. I am a 2004 alumnus of the University of Minnesota where I sailed all four years I was in college. I was born and raised in Minnesota and I have spent my whole life sailing here. There are actually a lot of lakes and it does get warm enough to sail for a little while in the summer or if you are in college, sailing in November. I began my illustrious sailing career on Sunfish and Scows and moved to 420's and FJ's in college. In the summer I try to have fun with the big boats on Capri 25's, J22's and E Scows. I also enjoy an occasional ride on the family scow with my mother clutching her life jacket yelling at my father to "put the boat down".



I graduated with a degree in Political Science with a concentration in Global Politics. I was also the Fundraising Chair, Vice Commodore and Co-Captain of the team. My memories of college will forever be highlighted by my collegiate sailing experience ... 24 hours of driving in a 72 hour weekend, driving to Michigan 3 times in one semester, the Davis Cup always on my Birthday, Nationals in Hawaii and Detroit,

the Sugar Bowl in New Orleans, spring break in Annapolis, freezing my fingers off at the Timme Angston and of course all of the friends I have made along the way.

I am currently not using my major and working at the corporate office of a health club call Life Time Fitness in Human Resources (some of you in Michigan, Illinois and Ohio might know it). I miss working outside in the summer teaching sailing, but my cube faces a window so at least I get to look outside.

I am really excited to be working with the MCSA again. My goal for the MCSA is to increase participation in out of district regattas. I will be your resource to get berths and invitations (contact me FIRST!). Let me know if there is anything I can do to help your team.

2005 Nokia Sugar Bowl Georgia Tech December 30-31, 2005

The 2005 Nokia Sugar Bowl was hosted by Georgia Tech and sailed on Lake Lanier in Flowery Branch, Georgia in 420's. Friday, December 30 five rotations with windward leeward courses were sailed with wind conditions of 8 to 10 knots with puffs in the 12 knot range decreasing to 5 knots for the final rotation. Saturday, December 31, completing a total of 32 races, the remaining 3 rotations using windward leeward for the first two and modified gold cups for the last rotation were sailed in 12 to 15 knot breeze with puffs in the 18 knot range. Navy won all the races except for one in "B" Division where they finished 2nd. Georgia did not complete the RP form.

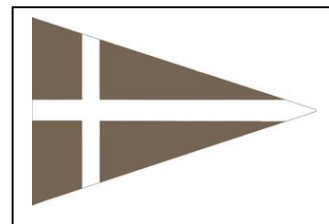
1	Navy	16	17	33	5	Notre Dame	79	90	169
2	Ohio Univ.	49	43	92	6	Georgia Tech	106	68	174
3	CNU	62	49	111	7	Florida	89	112	201
4	Michigan State	59	77	136	8	Georgia	122	126	248

A Division TOT

1. Navy	16	Dave Parker '08/Krysta Anthony '08
2. Ohio Univ.	49	Karl Felger '06/Ryanne Gallagher '09
3. Michigan State	59	Robert Linden '07/Lindsay Vickers '08 1,2,5,6,7,8,11,12 Robert Linden '07/Tim Clark '06 3,4,9,10,13-16
4. CNU	62	Mark Newman '07/Megan Murray '07 1-6, 11-6 Matt Lynthqoe '08/Kate McClintock '08 7-10
5. Notre Dame	79	Timothy Roy '08/Kerry Kilbourn '07
6. Florida	89	Travis Wright '07/Alex Weinert '09
7. Georgia Tech	106	Matthew Widlansky '06/Bijal Nagraashna '06 1,2,5,6,9-12,15,16 Jack Smith '06/Bijal Nagraashna '06 3,4,7,8,13,14

B Division TOT

1. Navy	17	Charles Fulmer '05/Andrea Bosch '08
2. Ohio Univ.	43	Jordan Gourash '09/Caroline Sundman '08
3. CNU	49	Will McCabe '06/Liz Hund '08
4. Georgia Tech	68	Darin Yawn '07/Haley Carney '09
5. Michigan State	77	Steve Griffith '08/Audrey Burskey '09
6. Notre Dame	90	Paul Cordes '09/Amy Becker '07
7. Florida	112	Ryan Cardillo '08/Laura Levy '06



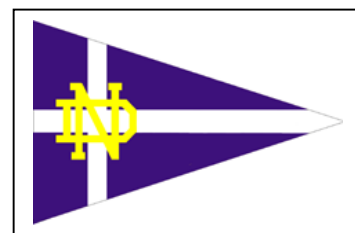
Charleston Spring Intersectional College of Charleston February 18-19, 2006

Saturday: 6 races in A and 6 races in B. Gold cup and triangle windward courses. After postponing on shore until about 11:00. The first A and B set was sailed in a light southerly at 3-6 Knots in 420's. Following the first two sets, the forecasted northerly filled in at about 8-12 knots for the remainder of the day's races. Two protests filed, one was heard, resulting in a DSQ.

Sunday: 6 more races completed in both divisions for a total of 12 races. Gold cups were sailed in 5-12 knots from the northeast, later in the day the breeze shifted to the east. Sunny skies, with one protest heard, resulting in a DSQ. Thanks to Bern Noack and John Vandemoer for hearing the protest. Also thanks to the CofC sailors who helped run a great event.

	A	B	TOT		A	B	TOT
1. Charleston	57	58	115	10. Eckerd	105	108	213
2. Cougars	70	69	139	11. Stanford	111	112	223
3. USC	91	69	160	12. Georgetown	151	98	249
4. Harvard	81	92	173	13. Navy	114	144	258
5. ODU	63	112	175	14. South Alabama	116	144	260
6. St. Mary's	87	93	180	15. Florida	162	145	307
7. South Florida	58	122	180	16. Texas A&M Galveston	173	159	332
8. Yale	111	73	184	17. Notre Dame	198	178	376
9. Brown	107	102	209	18. Christopher Newport	197	199	396

A Division	TOT	
1. Charleston	57	Russ O'Reilly 07 / Alison Trost 09 1-4,6-12, Joel Labuzetta 07 5
2. South Florida	58	Kevin Reali 06 / Ashley Reynolds 06 1-4,9-12,5-8 Tim King 09 5-8
3. ODU	63	Charles Higgins 06 / Jennifer Adams 08
4. Cougars	70	James Kimball 06 / Britney Haas 09
5. Harvard	81	Clay Johnson 07 / Emily Simon 07
6. St. Mary's	87	Justin Law 07 / Hilary Wiech 07
7. USC	91	Greg Helias 07 / Melanie Roberts 07
8. Eckerd	105	Peter Stanton 06 / Tina Irwin 06
9. Brown	107	Richard Hale, 06 / Monica Stein, 07
10. Yale	111	Phil Stemler 07 / Abby Caplain 08
11. Stanford	111	Brian Haines 07 / Kelly McKenna 09
12. Navy	114	Gary Grimes 07 / Kristin Sprout 08 ALL
13. South Alabama	116	Karl Kleinsciodt 06 / Kate Brobston 08; 1-4, 7-12 DC Furey 07 5-6
14. Georgetown	151	Zack Kavanaugh 08 / Maddi Maguire 09
15. Florida	162	Travis Wright 08 / Jamie Autin 09
16. Texas A&M Galveston	173	Hugh Haggerty 06 / Stephanie Blummer 08
17. Christopher Newport	197	Ben France 09 / Liz Hund 08
18. Notre Dame	198	Tim Roy 08 / Kat Sabloff 07



B Division	TOT	
1. Charleston	58	Brendan Healy 07 / Amanda Sackett 09
2. USC	69	Alex Bernal 07 / Lessa Gruueufelder 07
3. Cougars	69	Chris Lash 08 / Lauren Gibbons 08

4. Yale	73	Matt Barg 07 / Adriane Leah 07
5. Harvard	92	Kyle Kovacs 08 / Elyse Dolbec 08
6. St. Mary's	93	Adrenne Patterson 08 / Melissa Pumphrey 07
7. Georgetown	98	JB Turney 07 / Liz Rapp 08
8. Brown	102	Matthew Amarantc 08 / Meris Tombari 08
9. Eckerd	108	Zach Mason 07 / Carly 09
10. ODU	112	Michael Collins 08 / Jaci Finney 09
11. Stanford	112	Edward Conrad 08 / Anna Vu 06
12. South Florida	122	Jesse Combs 07 Tim King 09 1-4, Liz Foy 5-12
13. Navy	144	Rob Ramerez 08 / Mike Millee 08 1-6,8-12 Dave Parker 08 7
14. South Alabama	144	Paul Kleinschiodt 08 / Ashleigh Turner 07
15. Florida	145	Tristan Lohman 08 / Courtney Whiteharst 06
16. Texas A&M Galveston	159	Matt Barrett 06 1-6 Scott Start 07 7-12 / Christine Nguyen 07 ALL
17. Notre Dame	178	John Dailey 08 / Chris May 08
18. Christopher Newport	199	Kate McClintock 08 1,9,10, Matt Lythgoe 08 2-8 11,12 / Kate McClintock 2,11,12 Patrick McCabe-Marcelle 08, 3-8 Matt Lythhgoe 08, 1,9,10

Charleston Spring Women's College of Charleston Feb. 11-12, 2006

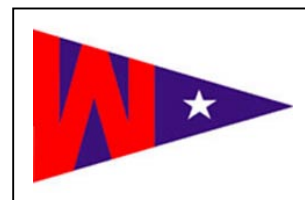
We sailed 6A and 4B Races IN 420'S. The course was a Gold Cup. The wind was 15 to 20 MPH from the SSW, with some large waves while the current was going out. We had some gusts in the mid-30's. No Protests. Two redress requests granted. A bit of carnage, making for some good spectating.

After about an hour postponement, due to excessive wind, we managed to have 5 A races and 7 B races. The wind was from the W shifting NNW at 10-20 MPH, with temperatures in the mid 40's. We sailed gold cup courses. No protests filed.

	A	B	TOT		A	B	TOT
1. Yale	31	33	64	9. South Florida	94	88	182
2. Charleston	33	73	106	10. St. Mary's	122	85	207
3. Navy	73	33	106	11. ODU	115	106	221
4. Harvard	63	72	135	12. Wisconsin	126	100	226
5. Hawaii	67	74	141	13. Coast Guard Academy	118	119	237
6. Stanford	83	70	153	14. Columbia	98	165	263
7. Georgetown	74	89	163	15. Florida	127	145	272
8. Eckerd	95	77	172				

A Division	TOT
1. Yale	31
2. Charleston	33
3. Harvard	63
4. Hawaii	67
5. Navy	73
6. Georgetown	74
7. Stanford	83
8. South Florida	
9. Eckerd	

Molly Carapiet '06 / Hannah Oakland '07
Alana O'Reilly '06 / Susan Lintern '06
Sloan Devlin '06 / Christina Dahlman '07
Tinja Anderson-Mitterling '09 / Cassie Harris '08
Katie Whitman '07 / Audrey Callanan '08
Blaire Herron '08 / Carly Chamberlain '09
Caroline Young '07 / Becca Levin '07
94 Kristen Herman '06 / Jee Lee '06
95 Lindsey Nahmias '06 Leonora Calzadilla '06



10. Columbia	98	Katie Simon '08 / Rebecca Kelly '09
11. ODU	115	Cara Disanti '07 Alissa Ayres '09
12. Coast Guard Academy	118	Sarah Morin '06 / Alanna McGovern '08
13. St. Mary's	122	Katie Smith '06 / Kate Reynolds '06
14. Wisconsin	126	Patti Schmidt '08 / Rebecca Steffensen '07
15. Florida	127	Meredith Muller '09 / Jamie Autin '09 1-2 E Ocipleu '07 3-6,7-11

B Division

	TOT	
1. Yale	33	Emily Hill '07 Meghan Pearl '06
2. Navy	33	Charlotte Hill '08 / Andrea White '07
3. Stanford	70	Evan Brown '08 / Carrie Denning '08 7-11 M Beardsworth '08 1-6
4. Harvard	72	Roberta Steele '09 1-4 Jessica Baker '06 5-11/ Baker '06 1-4 Steele '09 5-8 Cordeiro '06 9-11
5. Charleston	73	Andrea Savage '09 / Dani Neri '08
6. Hawaii	74	Shandy Buckley '08 /Crystal Bronte '07
7. Eckerd	77	Katja Riise '08 / Sarah Swan '08
8. St. Mary's	85	Jenny Gervais '06 Jennifer Chamberlain '09
9. South Florida	88	Abby Ethington '06 Ashley Wierzbicki '06
10. Georgetown	89	Jackie Schmitz '06 / Sprague Brodie '09
11. Wisconsin	100	Liz Prange '07 Kelsey Cramer '07
12. ODU	106	Maureen Castruccio '06 / Elyssa Albert '09
13. Coast Guard Academy	119	Brittanni Lashaway '07 Betsy Tuffs '07
14. Florida	145	Courtney Whitehurst '06 / Carley Salmon '09
15. Columbia	165	Olivia Volicoff '09 / Julia Werb '06

MCSA All District Team

Co-ed

Mark Dunsworth, Minnesota
 Scott Eisnehardt, Wisconsin
 Dave Ellis, Michigan
 Karl Felger, Ohio University
 Matt Schmidt, Wisconsin

Women

Christina Falcone, Michigan
 Jessica Haverstock, Minnesota
 Liz Prange, Wisconsin

Crews

Anna Bargren, Wisconsin
 Meredith Cochran, Michigan
 Dave Elsmo, Minnesota
 Erin Miller, Northwestern
 Lisa Vandenbossche, Michigan
 Jenny Wilson, Minnesota

Best Regatta Award

Ohio University



Sportsmanship Award

Jenny Wilson
 Minnesota



Student Leadership Award

Adam Naramore
 Purdue